DRINKS

225ml HILO MILK $1.30
300ml FLAVOURED MILK
CHOCOLATE $2.20
CHOC MINT
CARAMEL
BANANA
STRAWBERRY

250ml POPPER JUICE 100%
Apple or Orange $1.30

600ml WATER $1.20

250ml UP & GO $2.50

DESSERTS

FRUIT YOGHURT $1.80
YOGO $2.20

SLUSHIE $2.00

AFTER LUNCH SALES

FRUIT KEBAB 0.80
FRZN YOGHURT BLOCK 0.20
FROZEN YOGHURT & BERRIES $1.20

ICY POLE 0.80
MOOSIES $1.50
PADDLE POP $1.50
FROZEN JUICE BLOCK 0.10

SUMMER MENU

OPEN
MONDAY, WEDNESDAY & FRIDAY
TERM 4 & 1 2014 / 2015

MENU 82 % GREEN (ASSESSED BY WASCA)
G/F = GLUTEN FREE
NO MARGARINE IS USED UNLESS REQUESTED.
ALL SANDWICHES, ROLL & WRAPS ARE MADE
ON WHOLEMEAL BREAD.
ALL CHEESE IS REDUCED FAT.
VOLUNTEERS ARE VERY WELCOME Ph MELISSA 9271 8612
HELP IS ALWAYS NEEDED AND APPRECIATED.
WARNING! FOOD MADE ON SITE CONTAINS TRACES OF LOVE.

**CREST LOGO BY MITCHELL KNIGHT**
# Recess

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheesie</td>
<td>$0.80</td>
</tr>
<tr>
<td>Spag Cheesie</td>
<td>$1.00</td>
</tr>
<tr>
<td>Baked Bean Cheesie</td>
<td>$1.00</td>
</tr>
<tr>
<td>Pizza Fingers</td>
<td>$1.00</td>
</tr>
<tr>
<td>Jelly &amp; Fruit Cup</td>
<td>$1.50</td>
</tr>
<tr>
<td>Apple Slinky</td>
<td>$0.60</td>
</tr>
<tr>
<td>Fruit</td>
<td>$0.60</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>$1.80</td>
</tr>
<tr>
<td>Milo</td>
<td>$1.00</td>
</tr>
<tr>
<td>Pop Corn</td>
<td>$0.50</td>
</tr>
<tr>
<td>Fruit Kebab</td>
<td>$0.80</td>
</tr>
<tr>
<td>Potato Dollar</td>
<td>$1.00</td>
</tr>
<tr>
<td>Nachos (SML)</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

(Wednesday & Friday only)

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# Daily Specials

## Magic Monday
- **Chicken, Salad & Fruit Combo**
  - Seasonal salad served with 3 nuggets
  - Fruit & Sauce
  - $4.00

**PRE ORDER SUSHI TODAY FOR WEDNESDAY**

## Wicked Wednesday
- Burgers with Salad
  - Lettuce, Carrot, Cucumber and Tomato
  - Beef, Chicken or Fish
  - $4.00

**Mini Burgers**
- $2.50

**Pre Ordered on Monday**
- Sushi GF

## Fabulous Friday
- Party Pie
  - $1.00

- Sausage Roll
  - $2.20

- Beef Pie
  - $2.80

- Potato Pie
  - $3.00

- Sauce Portion
  - $0.50

**Chicken Subs (Chilli or Plain)**
- Served with salad & mayo in a roll
  - $4.50

  1/2 Sub
  - $2.50

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# Daily Delights

## Cold Lunches

<table>
<thead>
<tr>
<th>Fillings</th>
<th>S/which</th>
<th>Roll</th>
<th>Wrap</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham &amp; Salad</td>
<td>$3.60</td>
<td>$3.90</td>
<td>$4.30</td>
</tr>
<tr>
<td>Chicken &amp; Salad</td>
<td>$3.60</td>
<td>$3.90</td>
<td>$4.30</td>
</tr>
<tr>
<td>Tuna &amp; Salad</td>
<td>$3.60</td>
<td>$3.90</td>
<td>$4.30</td>
</tr>
<tr>
<td>Curried Egg</td>
<td>$3.20</td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Cheese &amp; Salad</td>
<td>$3.20</td>
<td>$3.50</td>
<td>$3.80</td>
</tr>
<tr>
<td>Salad</td>
<td>$3.20</td>
<td>$3.50</td>
<td>$3.80</td>
</tr>
<tr>
<td>Vegemite</td>
<td>$1.50</td>
<td>$1.70</td>
<td></td>
</tr>
<tr>
<td>Add egg, cheese or beetroot</td>
<td>$0.50</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Pizza
- Hawaiian
  - $2.80

- Ham & Cheese
  - $2.80

- Vegetarian
  - $2.80

## Home Made Fried Rice
- Rice, Vegies & Ham
  - $3.50

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## Salad Platter
- Your choice of egg, ham, chicken or tuna
- Served with seasonal salad & cheese
  - $3.80

## Fruit Salad
- $3.00

## Corn Cob
- $1.20

## Vegie Stix
- $0.80