In partnership with
HILLCREST PRIMARY SCHOOL

BULLYING PREVENTION POLICY
2008

We aim to establish a community in which everyone feels valued, respected and safe, and where individuals differences are appreciated, understood and accepted.

Everyone has the right to enjoy their time at school.

This community will not tolerate bullying or harassment.

Do you bully others?
- Do you tease, hit or abuse others?
- Do you call people names?
- Do you belong to a group which hurts or insults others?
- Do you silently stand by and watch others being hurt?

If you answered “Yes,” then this will happen ...

1. You will be counselled by the classroom teacher, and given the opportunity to discuss and resolve the situation with others who were involved.

2. If you persist in bullying, you will have to participate in the Shared Concern Approach, and your parents will be contacted.

3. If you are found bullying again, a consequence will be applied

   • Lunchtime detention & Reflection Sheet
   • In school isolation with modified recess and lunch arrangements
   • In-school suspension with modified recess and lunch arrangements
   • Out-of-school suspension

WHAT IS THE SHARED CONCERN APPROACH?

Briefly, the approach consists of the following:

- Individual meetings are held with each of the students involved in the bullying incident
- Each student is asked about the problem and to suggest ways in which he or she could personally help to improve the situation
- The person being bullied is also given the opportunity to talk about what has happened and encouraged to think of ways of improving the situation
- Follow-up meetings, discussions and planning give students the opportunity to change and improve their attitudes and behaviour and to put these into practice in a supportive environment

WHAT CAN PARENTS DO?

- Take time each day to talk to your child
- Be aware of signs of distress in your child
- Assist your child to discuss the problem with a teacher
- Discourage any planned retaliation
- Be positive about your child’s qualities and encourage your child to be tolerant and caring.
- Support this policy statement, and allow time for processes to be fully effective.

HITTING, KICKING AND FIGHTING WILL INVOLVE IMMEDIATE BEHAVIOUR MANAGEMENT CONSEQUENCES

- Lunchtime detention & Reflection Sheet
- In school isolation with modified recess and lunch arrangements
- In-school suspension with modified recess and lunch arrangements
- Out-of-school suspension

BULLYING? NO WAY!
At Hillcrest Primary School, everyone should feel safe and valued. Members of the school community have a responsibility to ensure this happens.

**WHAT IS BULLYING?**

Bullying is the wilful, conscious desire to repeatedly hurt, threaten or embarrass someone.

For example, when a person

- calls others hurtful names
- hits, punches or kicks
- threatens someone
- singles out someone for unfair treatment
- picks on others
- interferes with others property
- deliberately ignores or avoids someone
- spreads rumours about others
- excludes someone from peer games
- ignores or leaves someone out on purpose

**WHAT TO DO IF YOU ARE BULLIED**

1. Tell the person who is bullying to stop. Say that the behaviour is unwelcome and offensive.
2. Get help. Talk to someone about it with someone you trust. Nothing is so awful that you can’t talk about it with someone.
3. Report it to a school staff member. This could be the Duty Teacher, your class teacher, the Deputy Principals or the Principal.
4. If you are bullied on the way home, go to a Safety House, then tell your parents.

**WHAT TO DO IF SOMEONE IS BEING BULLIED**

1. Care enough to do something about it, whether it affects you or not.
2. Support the person being bullied
3. Don’t stand by and watch—get help!
4. Show that you and your friends disapprove of bullying.

If we all work together, we can reduce bullying in our school.

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**RIGHTS AND RESPONSIBILITIES**

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**Respect is the Key to Harmony**

**IT’S REALLY UNCOOL TO BULLY AT SCHOOL!**